

SPAY DISCHARGE
February 17, 2023

Client Name: <first-name> <last-name>	Name: <animal>
Address: <address>	Species: <species>
<city>, <st> <zip>	Breed: <breed>
Telephone: <area> <phone>	Sex: <sex-name>
	Color: <color>
	Birth date: <birthday>

FELINE AND CANINE SPAY – DISCHARGE INSTRUCTIONS

<animal> has just had an ovariohysterectomy (spay). This is the term for the surgical removal of the uterus and ovaries. This is a major abdominal surgery which is performed under general anesthetic. There are several steps for you to take at home to ensure a quick and comfortable recovery for <animal>.

- 1) <animal> may still be recovering from the anesthetic medication. She may still be a bit sleepy and wobbly and should be supervised around any stairs. General anesthetic lowers the body temperature so <animal> should be kept in a warm, draft free place tonight.

Anesthesia can cause disorientation. You may notice restlessness and whining this evening that is not always indicative of pain. If these symptoms persist for more than 12 hours, please contact us.

- 2) DIET: <animal> can have water and a small meal (about half) this evening and can return to regular size meals tomorrow.
- 3) EXERCISE & ACTIVITY: Please restrict <animal>'s activity for the next 14 days. Leash walks only and limit running, jumping and roughhousing/playing.
- 4) MEDICATIONS: It is important to administer any medications sent home for <animal> on time and in the proper amount. Medications dispensed for her are as follows:

MEDICATION NAME	AMOUNT & FREQUENCY	START

- 5) SUTURES: The sutures (stitches) in <animal>'s abdomen are dissolvable and buried under the skin. There is no need to return for suture removal. Please check the incision site daily for signs of redness, discharge, or swelling. If these occur, please give us a call.

It is your responsibility to ensure <animal> doesn't lick at her incision site. She has been discharged with an E-collar to help prevent this, the collar should be used for the next 10-14 days until the incision is fully healed. Failure to use the provided E-collar could result in infection of the surgical site or failure of the sutures which may require additional treatment or surgery.

- 6) CAUTIONS: <animal> may have a decrease in appetite for the next day or two. However, if she exhibits any of the following symptoms, please notify us:
 - a) Occasionally, an animal may vomit or have diarrhea once or twice after a general anesthetic; this is normal. However, if vomiting continues, please call us.
 - b) Loss of appetite for over 24-48 hours
 - c) Refusal to drink water for over 24 hours
 - d) Any other concerns you may have

REMEMBER, if you have ANY concerns about <animal>'s recovery, please don't hesitate to call us.

**If you have any concerns after hours, please call Western Veterinary Specialist and Emergency Center
at 403-770-1340 or CARE Centre at 403-520-8387**